

			afstand (KM)
1	St Bees	Ennerdale Bridge	22,10
2	Ennerdale Bridge	Rosthwaite	22,90
3	Rosthwaite	Patterdale	23,20
4	Patterdale	Shap	24,00
5	Shap	Kirkby Stephen	31,70
6	Kirkby Stephen	Keld	24,00
7	Keld	Reeth	17,00
8	Reeth	Richmond	16,50
9	Richmond	Ingleby Cross	32,20
10	Ingleby Cross	Clay Bank Top	18,40
11	Clay Bank Top	Glaisdale	28,90
12	Glaisdale	Robinhoods Bay	30,40
			<hr/> 291,30